



Soccer Rulebook 2020

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Any rules that are not stated in this rulebook will be governed by the “FIFA – Laws of the Game”. These rules can be found at the following URL: <http://www.doitnowreferees.com>

LEAGUE ORGANIZATION

There will be the following divisions within the City of Sunrise Soccer Program:

Instructional (4 yrs old by 7/31/19)

8 & Under Boys and Girls

10 & Under Boys and Girls

12 & Under Boys and Girls

14 & Under Co-ed

17 & Under Co-ed

TEAMS

Instructional: Start with max 7/min 5 & forfeit at 4 or less

8 & Under Boys/Girls: Start with max 7/min 5 & forfeit at 4 or less

10 & Under Boys / Girls: Start with max 9/min 6 & forfeit at 5 or less

12 & Under Boys /Girls: Start with max 11/min 7 and forfeit at 6 or less

14 & Under Coed: Start with max 11/min 7 and forfeit at 6 or less

17 & Under Coed: Start with max 11/min 7 and forfeit at 6 or less

EQUIPMENT AND UNIFORMS

Game ball size for each division shall be as follows:

Size #3 Ball – 8 & Under boys and girls and Instructional

Size #4 Ball - 12 & Under boys and girls and 10 & Under boys and girls

Size #5 Ball - 17 & Under coed and 14 & Under coed

City-Issued Balls - Each team will be issued game balls, which shall be used for games and practices. It is recommended players bring the appropriate size ball to practice.

Players must wear the jerseys supplied by the Leisure Services Department. All teams shall have jerseys with numbers. In cases of cold weather, long sleeved shirts and long pants may be worn underneath the official uniform. Jerseys must have sleeves. Velcro straps to keep the sleeve rolled up are prohibited. Jerseys must be tucked into shorts at ALL times.

Players must wear molded cleats or tie shoes (sneakers). Shoes with metal spikes, or squared off molded cleats are prohibited.

All players participating in the game and during practice must wear soccer shin guards. Shin guards are worn beneath player's game socks.

NOTE – Shin guards must cover approximately 80% of the player's shin. “Mini” shin guards are illegal. The size of the shin guard is at the discretion of the referee and he/she has the ability to disallow any inappropriate equipment.

Jewelry (rings, watches, necklaces, ankle bracelets, earrings, rubber bands, hair beads etc.) is prohibited. Placing tape or band-aids over jewelry is prohibited. It is recommended that players who wear eyeglasses also wear protective goggles. Prescription eyeglasses must be secured.

Both socks must be the same color.

No hard casts may be worn in games or practices. Soft casts must be approved by the referee prior to the game.

LENGTH OF GAMES

Instructional - Four ten minute quarters, one 5-minute halftime rest period

8 & Under Boys & Girls - Four ten minute quarters, one 5-minute halftime rest period

10 & Under Boys & Girls - Four twelve minute quarters, one 5-minute halftime rest period

12 & Under Boys/Girls - Four twelve minute quarters, one 5-minute halftime rest period

14 & Under Coed - Four fifteen minute quarters, one 5-minute halftime rest period

17 & Under Coed - Four fifteen minute quarters, one 5-minute halftime rest period

SUBSTITUTIONS

All participants must play at least one entire quarter in each half. There are no substitutions during the quarter, except for injuries. If a player is injured, the opposing coach will select which player will enter the game.

A player who arrives after the start of the first quarter but before beginning of second quarter must play the second quarter and at least one quarter in the second half.

A player who arrives after the start of the second quarter but before beginning of third quarter must play at least one quarter in the second half.

A player who arrives after the beginning of the third quarter but before beginning of the fourth quarter must play in the fourth quarter.

Failure to comply with this rule may result in forfeiture of the game and and/or suspension of the coach for one game.

Referee will call for the first and third quarter to conclude as close as possible to the required time as not to stop a potentially goal scoring opportunity.

NOTE: Late arriving players may play if team is shorthanded and may be immediately inserted in the game with stoppage of play when referee and coach are notified.

HEADERS

Intentional headers will not be allowed in any division 14U and below. Penalty for intentional headers will be an indirect kick. **Headers are only allowed in 17U division.**

OFFICIALS

Head Referee shall be the ONLY official timekeeper.

NOTE: The Referee may allow play to continue until the ball is out of play, if in his/her opinion, a player is only slightly injured. The Referee also has the discretion to allow play to continue if there is an advantage for the attacking team, and apply disciplinary actions for cautionable offenses when the next ball goes out of play.

COACHING

Only One (1) Head Coach and one (1) Assistant Coach may occupy the field and the sidelines where the team resides. All other spectators/assistant coaches must sit on the opposite side of the field and may only participate during practices.

There is no coaching allowed from the sidelines opposite of where the team resides. The referee has the discretion to stop any coaching being done by anybody besides the One (1) Head Coach and One (1) Assistant Coach designated.

BOUNDARIES

The designated Head Coach and Assistant Coach must stay behind the designated line if painted. If not painted, they must remain at least 3 feet away from the playing field, as to not interfere with the run of play or the sightlines of the referees.

All other spectators must stay behind the designated spectator line if painted on the spectator side. If not painted, they must remain at least 3 feet away from playing field.

No parents, coaches, players, spectators, etc. are allowed behind the goal line or behind the net.

Air horns are not allowed at games/practices.

City of Sunrise Youth Athlete of the Month Program

The Leisure Services Advisory Board has recommended to the Leisure Services Director that a “City of Sunrise Youth Athlete of the Month” program be implemented. This program was approved by the City of Sunrise Commission.

Staff will work with the Leisure Services Advisory Board and the variety of athletic organizations, instructors and volunteers that the City collaborates with throughout the year to implement the program.

The following guidelines will be utilized:

- 1) The Leisure Services Director or designee will serve as the City liaison for this monthly award.
- 2) The presentation of the “Youth Athlete of the Month” will occur at a City Commission meeting each month.
- 3) Each month, two youth athletes (one male and one female 18 years of age or younger) from a different athletic program will be presented with the award.
- 4) The Leisure Services Advisory Board will administer the selection process for City run programs using nominations submitted by volunteer coaches and make a recommendation to the Leisure Services Director or designee. The City’s contractual athletic organizations and

instructors will administer the selection process for their own individual organization. All selections will be made in a timely manner in order to accommodate the City Commission Meeting agenda process.

- 5) The two youth athletes will each receive a gift certificate from the City valued at \$25 which is redeemable as payment for Leisure Services programs, with the exception of any facility rental or contractual program (i.e. Bridges at Springtree Golf Course, Sunrise Tennis Club, karate, dance, etc.).

The gift certificate will expire one year from the date of issue.

- 6) The proposed schedule for recognition is below, but may be amended by the Leisure Services Director.

<u>Athletic Programs</u>	<u>Presentation Month</u>	<u>Selection By</u>
Recreational Soccer	January	Leisure Services Board
Competitive Swimming	February	Contractual Organization
Travel Soccer	March	Contractual Organization
Travel Baseball	April	Contractual Organization
Travel Softball	April	Contractual Organization
Recreational Baseball	May	Leisure Services Board
Recreational Softball	May	Leisure Services Board
Travel Basketball	June	Contractual Organization
Youth Programs (Karate, Dance, etc.)	July	Contractors
Tennis	August	Contractual Organization
Recreational Basketball	September	Leisure Services Board
Recreational Flag Football	October	Leisure Services Board
Flag Football Cheerleading	October	Leisure Services Board
Tackle Football	November	Contractual Organization
Tackle Football Cheerleading	November	Contractual Organization
Golf	December	Contractual Organization



Youth Athlete of the Month Nomination Form

Do you know a youth athlete who should be recognized for his or her achievements, both in and out of the athletic arena? If so, send in a nomination to have that athlete honored as a City of Sunrise Youth Athlete of the Month! Each month, we'll be recognizing one male and one female athlete who will be recognized at a City of Sunrise City Commission meeting.

Nominations can be made for any athletes whose actions represent a balance of athletic achievement, sportsmanship and citizenship. It's important to note that accomplishments off the "field" are valued just as much as those achieved on the "field". If you think you know an athlete who fits this description, be sure to fill out the form below to nominate him or her for City of Sunrise Youth Athlete of the Month!

With questions, please call 954-747-4600, or nominations may be emailed to Youth Athletics Supervisor Sean London at SLondon@SunriseFL.gov

Athlete Information

Full Name: _____

Age: _____

Sport/Activity: _____

School Name/Grade: _____

Provide an explanation of why this player deserves to be recognized (250 words max):

Examples of the desired criteria include:

- Impactful or notable in-game performance(s)
- Displays good sportsmanship/teamwork
- Community service
- Superior academic achievement
- Overcoming personal obstacles
- Displays good leadership

Nominator Information

Full Name: _____

Relationship to Athlete (Coach/Instructor/Etc.): _____

Phone Number: _____

Email Address: _____

Parent/Guardian Information

Full Name: _____

Relationship to Athlete: _____

Phone Number: _____

Email Address: _____