Overtime

Teams must have an equal number of players on the field, during overtime. Should one have more players, they must “reduce to equate” matching the number of players on the opposing team.

(5) Kickers for each team stand, while all other players sit. Lineman makes sure every player kicks once, before any player kicks a second time.

Coaches are allowed to substitute at the end of regulation play and between overtime periods, in any manner they see fit. Coach’s can choose any players they wish for the PK’s. Coach’s can change Goalkeepers for PK’s at any time.

Coin Toss
Loser gets ball – Winner chooses sides.

Play a full 5 minute overtime
If either team has more goals at the end of 5 minute overtime, game is over.

If still tied
Switch sides – Play second full 5 minute overtime. Winner of beginning OT Coin Toss Kicks Off –

PK’s
Referee chooses which goal will be used to take PK’s.

Do a coin toss
Winner chooses whether they shoot first or second.

Implement 5 Penalty Kicks each, alternating between teams, until the team that’s behind can not score enough to change the outcome of the game. Referee keeps score. Team with most points, is the winner.

If the score is still tied after 5 PK’s
(All players must shoot before any player shoots a second time.)

Proceed to a “One On One shootout”, allowing each team an equal opportunity to shoot. If one scores and the other does not, the game is over.

Scoring
Add the total scores (Game + Overtime) and make sure the game sheet is correct before signing.